

ILLINOIS TREKKERS FOOTNOTES

NO. 2009-04

June 2009

President: Dee Wojtysiak
Vice President: Mary Monett
Secretary: Debbie Kruep
Treasurer: Jack McKeon
IT Database Manager, Gary Staley

Directors-at-Large
Mark Kruep
Cindy Stucky
Robin Latdrick

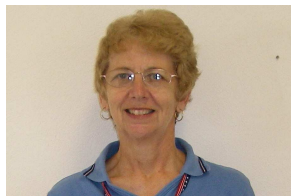
Mascoutah Walk

June 6 walk is a double walk. We will be enjoying the ice cream served by the merchants and Girl Scouts are also attending. This is our 5th year that we have invited the Girl Scouts to one of walks and offered the National Girl Scout patch. Again this year we have the Girl Scout patch available. Plan now to walk, see on the ice cream trail in Mascoutah.



Dee's Trail Notes

All of 2009 walks have been sanctioned. Dates have been set for the 2nd half YRE. Check out the club's website <http://www.illinois-trekkers.org/> for the dates and times. Be sure to check the time on the Maryville YMCA, trying a new time to enjoy ice cream and music.



While on the website, look at Ride Sharing. Carpooling is extra fun, riding with walkers and then walking with them. In May, five people rode together to Mt Carmel and Lawrenceville, IL. At Mt Carmel, I was the historic home tour director, reading the historic information about the home we walked past. Deb was finding the special events that were on the trail. Mark was the driver doing a good job finding the start points, but locating the

White Squirrels in Olney is another story. Paula and Leonard were on the lookout for the ice cream shops. This was a fun, relaxing great day. Try Ride Sharing You Might Like It.

Get to Know

Mark and Monna Youmans

Mark and Monna Youmans joined the club in February 2009. They heard about the club at the Gingerbread walk in Belleville. Mark and Monna enjoy the outdoors, and walking gives them this opportunity. It's a great way for us to spend time together and also exercise! The walk they enjoy most is at Heidelberg, Germany. (Be sure to ask them why.) Mark and Monna grew up together in a small farming community in Northern Michigan. Mark spent 20 years in the Army before retiring in 2005 and settling down in Belleville. They have three children, two boys and a girl. They have two grandchildren and one on the way!

The Relay for Life Team

Having club members join the American Cancer Society Relay for Life team is showing support to fight cancer. Fighting Cancer is a team effort. By support our team members, you will be a part of a life-changing event that celebrates the lives of those who have battled cancer and remembering loved ones lost. Our team consists of Dee and Leonard Wojtysiak, Tom Boyd, Tommy Boyd, Joyce Bradford, Phyllis, Herring, Brenda Klein, Deb and Mark Kruep, Carol and Gary Staley, Mark

and Monna Youmans, Sharon Crowson and Judy Beckham. At the beginning of the evening, the first walk around the track will be cancer survivors. All cancer survivors are welcome to walk this lap. American Cancer Society request to let them know you wish to be included in this first lap. One of the most moving parts of Relay is the Luminaria Ceremony of Hope. As the sun sets over campsites and darkness falls, the night is brightened by the glow of illuminated bags called luminaria, each of which has a special meaning. Some celebrate the lives of those who have battled cancer and have lived to tell their stories. Many remember the lives of those who have been lost to this disease. All represent someone special who has been profoundly affected by cancer and the family and friends who continue to fight back in their honor. For more information contact Dee at drw48@sbcglobal.net.

Remedy

Seems like a bottle of Listerine and a bottle of vinegar around the house can cure lots of things. Here's on for a familiar walker's problem:

To disinfect a broken blister, dab on a few drops of Listerine. a



powerful antiseptic.

No direct information about the "ouch" factor.

AVA Merchandise Store

The enhancement programming for the online store is now up and running. Clubs, Volkssport Associate Members, and the public simply click the merchandise store on the AVA web site www.ava.org home page. There is no need to remember club account numbers, the email address and password they have setup for their club to shop on the online store. Volkssport associates use their VAM number as their password. Clubs can now change the shipping address for any order placed. Many behind the scene enhancements will make the shopping experience better. A helpful hints section is available on the home page directly beneath the store icon.

FOOTNOTES SUBMISSIONS

Send articles and/or comments to "Footnotes" via email to wilburclark@att.net

WEBSITES

HQ AVA – <http://ava.org/>

Illinois Trekkers –

<http://www.illinois-trekkers.org/>

Illinois Trekkers Volkssport Club Meeting Minutes May 7, 2009

CALL TO ORDER: 7:00 by Dee Wojtysiak

VISITORS: Versi Gilcrest

NEW MEMBERS: none

SECRETARY'S REPORT: Debbie Kruep- Attached to the Footnotes.

CORRECTIONS: none Motion: Carol Clark Second: Shirley McKeon

TREASURER'S REPORT: Jack McKeon- Balance as of April 30, 2009 \$3717.22 Motion: Shirle

Renner Second: Gary Staley

PRESIDENT'S REPORT: Mary Monet has resigned as vice-president due to changes in her circumstances.

STANDING COMMITTEE REPORTS:

Community Committee: -

Awards and Achievements: Wil Clark- none

Services and Properties: Wil Clark -Storage rates increasing again. Shirley Martin is going to negotiate better price or possibly relocate to a new unit.

Publicity: Debbie Kruep -Get up and Go closing finale May 9. We need workers to help man the Trekker Booth.

Special Activities: Shirley Martin - no report

AD HOC COMMITTEE REPORTS:

Refreshments: April: Mark & Debbie Kruep May: Robin Ladtrick. Sept. & Nov. are still open. Sign up w/Darlene Kramer.

Footnotes: Wil and Carol Clark- none

Club Points Manager: Dee Wojtysiak - no report

Website News: Ride sharing is now up and running. Check out the website and take advantage of the opportunity to walk with friends.

Data Base Admin: Gary Staley- 2 new members

REPORT ON YEAR ROUND EVENTS (YREs):

Our Lady of the Snows: Jack & Shirley McKeon -28 walkers for the year.

Richland Creek: Tom Boyd - 27 walkers for year.

Maryville: Gary Staley - 4 walkers - 12 biker for the year.

Belleville YMCA Walk/Bike: Packy & Sue Botula -41 walkers - 5 bikers for the year.

REPORT ON UPCOMING WALKS:

(1) May 16- Maryville Group Walk- Registration 8:30-9 am. Walk at 9am. Bring a friend.

(2) May 29-Shriners Parade 7:30 pm. We need a large turnout to pass out flyers.

(3) June 6-Mascoutah Ice Cream Walk/Girl Scout Walk 8am-noon starting time. Patches are here.

(4) June is the AVA Convention in Dallas/Fort Worth.

(5) July 10- Betty Boyd Memorial Walk- We will be raffling off a blanket. Anyone have ideas for other fundraiser? Contact Len or Dee Wojtysiak

OLD BUSINESS:

(1) Business cards compliments of Packy Botula

(2) Gary Staley will make a sample nametag. We will be using clip-on versus pinned on.

NEW BUSINESS:

(1) Morris/Geneva Weekend September 12&13, 2009. More to be posted on an informal weekend of walking in Morris, Il. On Saturday morning we will be walking and visiting Geneva, Illinois' Festival of the Vine in the afternoon. An overnight stay and then a walk in Springfield arriving back home in the late afternoon or early evening.

(2) Len Wojtysiak made a motion to purchase a \$25 luminary bag for the Relay for Life Walk. Shirley Martin seconded. Motion passed.

(3) Gary Staley made a motion to endorse David Bradley for Regional Director. Len Wojtysiak seconded. Motion passed.

(4) Len Wojtysiak made a motion to have Carol Todd be Illinois Trekkers delegate at the convention. Gary Staley seconded. Motion passed.

(5) Cindy Stucky has offered to take over the Fenton, Missouri year round that was discontinued by a Missouri club. This walk will be updated and ready for sanctioning soon. It will officially begin January 1, 2010.

(6) Discussion of when to hold the second walk in Maryville to coordinate will some great music.

ATTENDANCE DRAWING: Shirley Martin

NEXT MEETING: Thursday June 4, 2009 7:00 p.m.

ADJOURNMENT: Motion: Wil Clark; Second: Tom Boyd

Meeting adjourned 8:15 p.m.

Submitted by Debbie Kruep
Secretary Illinois Trekkers

June July 2009 Events\

- **Thursday, June 4**– Regular Meeting
- **June 6** Mascoutah Ice Cream & Girl Scout, Registration 8:00 AM-Noon, Dee Wojtysiak
- **June 22-26** AVA Convention, Richardson, TX, Walks starting **June 20-28**
- **July 10 & 11 Betty Boyd Memorial Walk** at Belleville East High School, Registration 7:00 PM July 10 to 7:00 AM July 11, in conjunction with Relay for Life, American Cancer, Dee & Leonard Wojtysiak

2009 YREs

Belleville “Richland Creek” Greenway
618-233-6348

Belleville-YMCA (Walk and Bike)
618-236-9521

CMT YMCA, 1 Town Center Dr,
Maryville, IL (Walk and Bike)
618-344-0225

National Shrine of Our Lady of the
Snows
618-210-0679

Illinois Trekkers
P. O. Box 25063
Scott AFB, IL 62225-0063

ADDRESS CORRECTION REQUE