

ILLINOIS TREKKERS FOOTNOTES

NO. 2009-07

September 2009

President: Dee Wojtysiak
Vice President: Robin Latdrick
Secretary: Debbie Kruep
Treasurer: Jack McKeon
IT Database Manager, Gary Staley

Directors-at-Large
Mark Kruep
Cindy Stucky
Billy Herring

Dee's Trail Notes

The summer has passed quickly and the walks scheduled for the next few months will be cooler. Some of our best walks are to be walked this year. Plan now to bring a friend,



family or co-worker and show them off to other club members. If each walker brings just 1 person, our walks would double. This is a win-win for the club having more participation. The win-win for members is meeting, conversing and walking with someone new. It is interesting to meet new people, sharing ideas, and finding something in common. The Kansas Jaywalkers YR trail instructions end with "YOU are a winner when you walk". Give this comment some thought. Do you agree?

We always enjoy seeing our members at the club meeting. Our August meeting was shorter than usual but we made up for it by having longer social time. It was neat catching up on each other's walks, vacations and family happenings. We would enjoy you coming and sharing with us.

Wanted: Coordinator for AVA Clubs in Schools Project.

If you attended the AVA Convention, you heard about AVA's project to create AVA clubs in schools. Here is the concept. AVA asks for volunteers to work with ONE SCHOOL, preferably a school with which they are familiar. The job is to contact the school's business manager or principal to share information regarding how the school can increase physical education to its students, cost-free to the school, by forming a Volkssport

club as one of the school's after hours activities. Also needed is a national coordinator that does not contact schools, but supports each of the school volunteers by assuring that they receive AVA materials, providing support and recording progress to report to the national officers. Copied from the September 2009 Checkpoint.

Meet Your Officers

Director-at-Large: Billy G Herring

My volkssporting journey got its start almost 30 years ago. While not a charter member, my membership with the Illinois Trekkers began shortly after its startup and has been continuous ever since. I went on to serve as club president and various other positions as well as event coordinator for several events. Volkssporting was my passion during those earlier years. My involvement has included serving as vice president and secretary of the Illinois Volkssport Association and at the national level as nominating committee chairman in 1991 and chairman for the AVA Biennial Convention in 1985 and 1997. While my support remains positive, due to advancing age and health problems, that passion has subsided somewhat in recent years. I was a charter member of the Highland Swiss Striders Volkssport Club and the Lebanon Cedar Cruisers and had an organizing role in the formation of those two clubs.

I retired from the USAF as a Master Sergeant in the telecommunications field in November 1978 and later from Anheuser-Busch Companies, Inc. in December 1993 where I worked as a computer engineer. Following my retirement I returned to my childhood home near Goldsboro, North Carolina. Although volkssporting continued to be a large part of my life, my involvement with the

Lions organization where I held positions as a district governor and state council chairman eventually began to take precedence over my walking activities. I continue to be actively involved with the Illinois Lions. A growing interest in my family history led me into doing genealogical research which now consumes most of my time.

In December 2004, I married Phyllis Golec, a long time Trekker member and former walking companion and moved back to Trenton where we now live. I have one son, stationed with the US Army at Ft. Lewis, WA and two grandsons. While my participation as a walker is now very limited, I still enjoy working at the events and enjoying the traditional social benefits associated with volkssporting.

Club Picnic Walk

(Shirley Martin)

Our Club picnic walk was held at Tamarack Golf Course in Shiloh on Saturday, August 15. We had 60 walkers and 18 picnic guests. The food was GREAT and thanks to my friend Denny for those wonderful brats. There were wonderful side dishes created by some obviously wonderful cooks. The weather was the best we have had for a long time. Thank God!!! Also, thanks to Gary for helping with our trail. He made directional maps and everybody seemed to like that. This was true especially for me because all I had to do for clean up was to take down ONE sign. This was the easiest clean up of the trail that I have ever done. All in all, we sold new walker packets and we had new walkers.

AVA Goodsearch web search

Remember to use www.goodsearch.com when searching the web. Select AVA and then search like you do with Google. AVA gets one cent for every donation. Although that doesn't sound like a lot, it all adds up.

Convention Meeting Minutes and Awards Booklet

The DRAFT minutes from the June, 2009 AVA Convention are posted on the AVA Website under AVA Club News Updates link.

The club has received copies of the award books. If you would like one, email Dee at drw48@sbcglobal.net. Or email AVA Headquarters with your request, mailing information and headquarters will be happy to send you one.

IVV Awards-August/September 2008 TAW

Members listed in the August/September, 2009 American Wander issue having accomplished an award are:

EVENTS

Debra Kruep	150
Mark Kruep	150
Carol Staley	450

DISTANCE

Lynne Keith	1000
Dee Wojtysiak	5000
Gary Staley	9000
Leonard Wojtysiak	16000

Congratulations to each of you.

Maryville YRE Kickoff

(Gary Staley)

On Saturday afternoon, August 8th, 16 walkers came out for the YRE kickoff walk at the Maryville CMT YMCA even though the temperature was hovering in the mid 90's. At the 6km point on the walk everyone enjoyed a treat at Maryville's own Bobby's Frozen Custard stand. Everyone seemed to enjoy the walk in spite of the hot weather.

FOOTNOTES SUBMISSIONS

Send articles and/or comments to "Footnotes" via email to wilburclark@att.net

WEBSITES

HQ AVA – <http://ava.org/>

Illinois Trekkers –

<http://www.illinois-trekkers.org/>

Illinois Trekkers Volkssport Club Meeting Minutes August 6, 2009

CALL TO ORDER: 7:00pm by Dee Wojtysiak

VISITORS: none

NEW MEMBERS: none

SECRETARY'S REPORT: Debbie Kruep- Attached to the Footnotes.

CORRECTIONS: none Motion: Mark Kruep Second: Gary Staley

TREASURER'S REPORT: Jack McKeon- Balance as of July 31, 2009 \$3334.69

Motion: Carol Clark Second: Phyllis Herring

PRESIDENT'S REPORT: Recognition books from the convention are available. If you would like to participate on the 30th Anniversary committee contact Dee. If anyone would like to be a coordinator for the AVA school project contact the AVA president.

VICE-PRESIDENT'S REPORT: none

STANDING COMMITTEE REPORTS:

Awards and Achievements: Wil Clark- none

Services and Properties: Wil Clark -none

Publicity: Debbie Kruep - The website mass media email sent it's first media blitz Monday for the Maryville walk.

Special Activities: Shirley Martin - none

AD HOC COMMITTEE REPORTS:

Refreshments: Aug: Carol Staley & Shirley Martin. Sept. is still in need of a volunteer.

Footnotes: Wil and Carol Clark- no report

Club Points Manager: Dee Wojtysiak - no report

Website News: none

Data Base Admin: Gary Staley-none

REPORT ON YEAR ROUND EVENTS (YREs):

Our Lady of the Snows: Jack & Shirley McKeon -37 walkers for the year.

Richland Creek: Packy & Sue Botula - no report

Maryville: Gary Staley - 41 walkers - 24 bikers for the year.

Belleville YMCA Walk/Bike: Packy & Sue Botula -50 walkers - 12 bikers for the year.

REPORT ON UPCOMING WALKS:

(1) Aug 8- Maryville Reg.3: 30-4:00 Stop at Bobby's Frozen Custard and go back afterward and enjoy the music.

(2) Aug 15-Picnic Walk- Shiloh Tamarack Golf Course Pavilion. Sign up sheet is available. Cost is \$6.00 for food and credit. If not enough people sign up we will cancel the picnic portion.

(3) Aug 22-Shrine year round 8:30-9:00 am registration

(4) Sept 5- Richland Creek Year Round.

(5) Sept 19- Eckert's

(6) Oct 10-Waterloo- The trail needs one more walk through to finalize.

OLD BUSINESS:

(1) All the nametags we have in stock are printed.

(2) Shirley Martin found a larger storage unit for less money. Len Wojtysiak motioned to move to the new unit. Phyllis Herring seconded. Motion passed.

(3) The Steeleville Team was the winner at the Betty Boyd Memorial Walk. Our team raised \$1668. There were 35 teams in all and \$75000 was raised.

NEW BUSINESS:

(1) None

ATTENDANCE DRAWING: Mark Kruep

NEXT MEETING: Thursday September 3, 2009 7:00 p.m.

ADJOURNMENT: Motion: Carol Clark; Second: Len Wojtysiak

Meeting adjourned 7:45 p.m.

Submitted by Debbie Kruep
Secretary Illinois Trekkers

September - October 2009 Events

-
- September 3, Thursday, Regular Meeting
-
- **September 5**, Richland Creek YR at
Belleville IL Packy Botula
-
- **September 19** Eckert Walk, Belleville, IL Shirley
Martin
-
- October 1, Thursday, Regular Meeting
-
- **October 10**, Saturday, Waterloo Festival,
Waterloo, IL, Mark & Deb Kruep

2009 YREs

**Belleville "Richland Creek" Greenway
618-236-9521**

**Belleville-YMCA (Walk and Bike)
618-236-9521**

**CMT YMCA, 1 Town Center Dr,
Maryville, IL (Walk and Bike)
618-344-0225**

**National Shrine of Our Lady of the Snows
618-210-0679**

**Illinois Trekkers
P. O. Box 25063
Scott AFB, IL 62225-0063**

ADDRESS CORRECTION REQUE