

## National Shrine of Our Lady of the Snows

Belleville, Illinois

Walk +MA09-Y0226 Jan 1 - Jun 30  
MA09-Y0226 Jul 1 - Dec 31

## Richland Creek Greenway

Belleville, Illinois

Walk +MA09-Y0904 Jan 1 - Jun 30  
MA09-Y0904 Jul 1 - Dec 31

## Collinsville-Maryville-Troy (CMT) YMCA

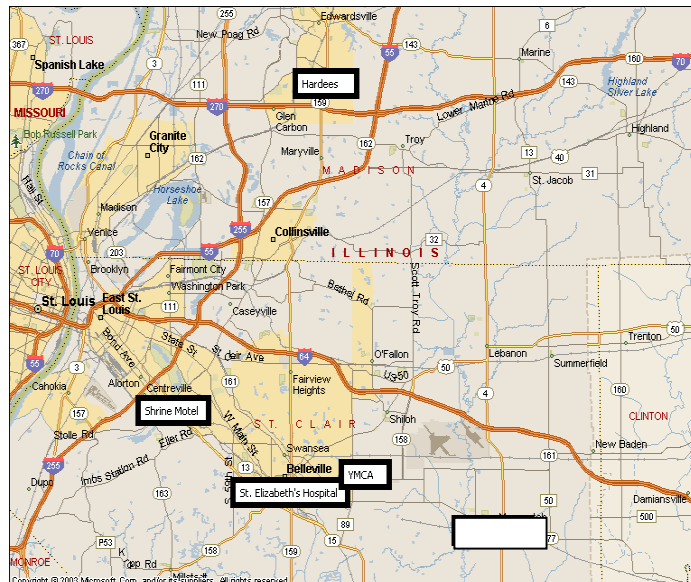
Maryville, Illinois

Walk +MA09-Y0903 Jan 2 - Jun 30  
MA09-Y0903 Jul 1 - Dec 31  
Bike +MA09-Y1898 Jan 2 - Jun 30  
MA09-Y1898 Jul 1 - Dec 31

## East Belleville YMCA

East Belleville, Illinois

Walk +MA09-Y1513 Jan 2 - Jun 30  
MA09-Y1513 Jul 1 - Dec 31  
Bike +MA09-Y1517 Jan 2 - Jun 30  
MA09-Y1517 Jul 1 - Dec 31



**ILLINOIS TREKKERS**  
**P.O. BOX 25063**  
**SCOTT AFB, IL 62225-0063**

## ILLINOIS TREKKERS VOLKSSPORT CLUB

Presents

**Four Walks  
& Two Bike  
Year Round Events**

In Southern Illinois for 2009



Check our website at:  
[ILLINOIS-TREKKERS.ORG](http://ILLINOIS-TREKKERS.ORG)

Sponsored by  
**Illinois Trekkers Volkssport Club &  
Belleville Parks and Recreation Department**



### **National Shrine of Our Lady of the Snows**

Dates: January 1 to December 31, 2009  
Hours: Walk during daylight hours.  
Trail: 5 & 10 kilometers, rated 2, tree lined paved streets with several moderate hills.  
Contact: Jack & Shirley McKeon (618) 210-0633

### **Directions to National Shrine of Our Lady of the Snows Walk:**

451 S. De Mazenod Drive. From I-64 or I-55/70 take I-255 South to exit 17 onto IL Rte 15. Follow Rte 15 East approximately 2 miles to the Shrine entrance on your right. From Belleville take IL Rte 15 West to the Shrine Entrance on your left. Registration: Shrine Motel Registration Desk.

### **Belleville "Richland Creek" Greenway**

Dates: January 1 to December 31, 2009  
Hours: Walk during daylight hours.  
Trail: 5 & 10 kilometers, rated 1+. Walk is on finished portion of Richland Creek Greenway and on paved streets through historic parts of Belleville. Suitable for strollers and wheelchairs but there are some moderate hills.  
Contact: Tom & Betty Boyd (618) 233-6348

### **Directions to Belleville Greenway Walk:**

St. Elizabeth Hospital, 211 S 3rd Street. From I-64, take exit 12 South on IL Rt. 159 to the town circle in Belleville. Go right 3 blocks on Main Street to 3rd Street. Turn left on 3d Street and go 2 blocks to St. Elizabeth's Hospital. From IL Rte 15 take IL Rte 159 Street exit and go north on Illinois Street to Harrison Street, turn left and go 3 blocks to St. Elizabeth's Hospital. Park in garage on right just past Hospital. Registration: Information Desk, Main Lobby.

### **Collinsville-Maryville-Troy (CMT) YMCA**

Dates: January 2 to December 31, 2009  
Hours: Mon-Thurs: 5 am- 10 pm  
Fri: 5 am-9 pm; Sat: 7 am-6 pm  
Sun: 12 noon-6 pm  
Closed on major holidays  
Trail: Walk 5/10/12 kilometers, rated 1+, a paved, Rails-to-Trails conversion. Bike 27 kilometers (options for 36, 50, 58 or 70 km) rated 1+, a paved Rails-to-Trails path.  
Contact: Gary Staley (618) 344-0225

### **Directions to Maryville CMT YMCA Walk/Bike:**

1 Town Center Dr. Maryville, IL 62062. From the intersection of I-55/70 and IL Route 159, go North on IL 159 and turn LEFT (West) onto Town Center Dr. Follow the road to YMCA parking lot. Please park in the rear of the lot so that YMCA members can have access to parking spaces up close to entry door. Ask for the 'WALK' box at the reception desk. If reception desk person is busy helping YMCA members, please wait until they are available.

### **Belleville YMCA**

Dates: January 2 to December 31, 2009  
Hours: Mon-Thurs: 5 am- 10 pm  
Fri: 5 am-9 pm; Sat: 7 am-6 pm  
Sun: 12 noon-6 pm  
Closed on major holidays  
Trail: 10 kilometers & Bike 25 kilometers rated 1+, paved paths, country roads, and paved streets through neighborhoods  
Contact: Charles & Susan Botula (618) 236-9521

### **Directions to YMCA Walk/Bike:**

From I-64, take exit 16 South on Green Mount Rd to Rte 161/Carlyle Ave. (Southwestern Illinois College on corner). left and the "Y" will be on your left at next light. Registration: YMCA, 2627 Carlyle Ave. Directions to trailhead are on walk or bike route map.

### **Registration:** These events are open to everyone.

There is no pre-registration. Follow registration instructions at the designated start point shown. Please pay by check only made out to 'Illinois Trekkers Volkssport Club'. No refunds will be given.

**Parking:** Ample parking is available at each start point.

**Awards:** Fee is \$3 for all walkers. The fee include an IVV stamp in your Event and Distance book with up to 20K (24K for Glen Carbon) for any given day. Additional distances require re-registering. "B" awards, when available, are \$2.00 each. Please use your bike book for your biking distance.

**NOTE:** The Event book can only be stamped once in each six-month period!

**IVV Credit:** Participation in the events counts towards IVV achievement awards (event and distance). Each event may be walked for event credit twice during a calendar year, once during the Jan – Jun time frame and again during the Jul - Dec time frame. Unlimited kilometer credit can be earned during the year.

**Refreshments:** Water & Restroom facilities are available at each start-finish point. **NOTE:** Water should be carried while doing the East Belleville YMCA events during hot weather, as no water is available on the trails.

**Stipulations:** With registration all participants accept guidelines for AVA Volkssport events and agree to observe them at all times. An adult must accompany children under 12.

**Sanction:** Sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

**Disclaimers:** The organizers of these walks have made every effort to make them enjoyable, memorable and to ensure the safety of participants. Sponsors of these walks cannot be held responsible for accident or injury.

### **Web Sites:**

AVA Headquarters -- <http://www.ava.org/>

Illinois Trekkers -- <http://www.illinois-trekkers.org>