

ILLINOIS TREKKERS FOOTNOTES

NO. 2010-04

May 2010



President: Leonard Wojtysiak
Vice President: Debbie Kruep
Secretary: Cindy Stucky
Treasurer: Jack McKeon
IT Database Manager, Gary Staley

Directors-at-Large
Mark Kruep
Tom Stucky
Carol Staley

"Trekkin'" Dates for your Calendar

May 6, 2010, 7:00 PM	Trekker Meeting
May 13, 2010, 9:00 A.M.	Three Mile Thursday
May 13, 2010, 6:30 A.M.	Three Mile Thursday
May 15, 2010, 9:00 AM	Belleville Richland Creek YRe
May 20, 2010, 9:00 A.M.	Three Mile Thursday
May 20, 2010, 6:30 P.M.	Three Mile Thursday
May 22, 2010, 9:00 AM	Fenton MO YRe
May 27, 2010, 9:00 A.M.	Three Mile Thursday
May 27, 2010, 6:30 P.M.	Three Mile Thursday
June 3, 2010, 7:00 P.M.	Trekker Meeting
June 5, 2010, 9:00 a.m.	Mascoutah Ice Cream Walk
June 10, 2010 9:00 A.M.	Three Mile Thursday
June 10, 2010, 6:30 P.M.	Three Mile Thursday
June 17, 2010, 9:00 A.M.	Three Mile Thursday
June 17, 2010, 6:30 P.M.	Three Mile Thursday
June 24, 2010, 9:00 A.M.	There Mile Thursday

WHAT IS MY POINT?

(Leonard Wojtysiak)

Did you know that St. Clair County is the most over weight county in Illinois?

I had told a story at our last club meeting about Dee and me attending a fish fry in a small community in the area and, it seemed, like virtually everyone was overweight in the room. Now I did not tell that story to make any one of us at the meeting uncomfortable because we all probably would like to lose a pound or two. So when we arrived home Dee asked what was my point. My point was that if

we could get just one person, from that town, interested in coming out to walk with us we might start the process of helping that town become healthier. Can you imagine if that person liked our walk and came to our next walk with a friend and then they both brought a friend to the next walk, etc. etc.? In a very short time we could have the whole town out walking and become a fit town!

How can we make that happen? We have to produce events that new (and our current walkers) people like so they want to come again.

So let's all pitch in and make our 30th year of putting on walking events the best ever!

Bruce Kirk 6500
Gary Staley 10000

IVV Awards

Members listed in the April/May 2010 of The American Wanderer having accomplished an award are:

Events

Diane Gebhardt 350
Kathleen Kirk 550
Dee Wojtysiak 550
Jeff Wright 2000

Distance

Dee Wojtysiak 5500

Congratulations to each of you. Fellow walkers watch for them on the trail.

"Footnotes" is a monthly (except January) publication of the Illinois Trekkers Volkssport Club

FOOTNOTES SUBMISSIONS

Send articles and/or comments to "Footnotes" via email to wilburclark@att.net

WEBSITES

HQ AVA – <http://ava.org/>
Illinois Trekkers –
<http://www.illinois-trekkers.org/events.html>

Illinois Trekkers Volkssport Club Meeting Minutes April 1, 2010

CALL TO ORDER: 7:00pm by Leonard Wojtysiak

REMEMBER OUR WALKERS: Packy reported, Peggy Butz an early member of the club passed away.

VISITORS: None

NEW MEMBERS: Ed Davidson & Nikki Wilcoxon

SECRETARY'S REPORT: Cindy Stucky- Attached to the Footnotes.

CORRECTIONS: None Motion: Packy Botula Second: Dee Wojtysiak

TREASURER'S REPORT: Jack McKeon- Balance as of March 31, 2010 \$4,067.15.

Motion: Billy Herring Second: Shirley Motion carried to file report for audit.

PRESIDENT'S REPORT: Leonard Wojtysiak-

State Meeting- Decatur IL next weekend. Leonard asked for volunteers to attend & represent our club. Debbie Kruep said she and Mark might attend.

Pictures on the web- Question was asked earlier if it is legal and/or proper to put personal pictures without permission on web? AVA asked the paper (American Wanderer) what is the policy. Judgment was, can use picture as long as it is not used for a profit motive.

Dee & Leonard will not be at meeting next month – Debbie Kruep will lead – GOD help us all J .

VICE-PRESIDENT'S REPORT : Debbie Kruep - None

STANDING COMMITTEE REPORTS:

Awards and Achievements: Wil Clark- none

Services and Properties: Dee Wojtysiak

Publicity: No report

Special Activities: Shirley Martin – no report

AD HOC COMMITTEE REPORTS:

Refreshments: This month's refreshments were provided by Phyllis Herring. Nikki Wilcoxon and Shirley Martin will provide refreshments for May. Shirley McKeon & Robin Latdrick in June but need rest of summer filled in.

Footnotes: Wil and Carol Clark- keep articles coming

Club Points Manager: Dee Wojtysiak - None

Data Base Admin: Gary Staley- None

Website News: None

PAST WALK/ACTIVITY REPORT:

Saint Pat's Parade: Robin Latdrick reported that at least 10 members participated in the parade. For next year we need to double the amount of items to pass out because we ran out early. Leonard suggested we possibly hand out \$1 off coupons for walks. Because of our club's participation we were invited to participate in the 4 June (Friday) Shriner's Parade.

REPORT ON YEAR ROUND EVENTS (YREs):

Our Lady of the Snows: Jack & Shirley McKeon - 24 walkers

Richland Creek: Packy & Sue Botula - 23 walkers

Maryville: Gary Staley - 6 walkers - 8 bikers

Belleville YMCA Walk/Bike: Packy & Sue Botula - 6 walkers - 4 bikers

Fenton: Cindy Stucky - 10 walkers

REPORT ON UPCOMING WALKS: Look at Meeting Report

(1) April 3, 2010, Belleville, YMCA kickoff, start between 8:00-10:00. Group walk at 9:00 Debbie will lead it.

(2) April 10, 2010 Decatur (State Meeting)

(3) 10 April, 2010 Ferguson, MO

(4) 17 April, 2010 Maryville YMCA YRE Kickoff

(5) 24 April, 2010 Jacksonville, IL

OLD BUSINESS:

1. Club Shirts- Shirts are in and Dee is still taking orders. T-shirts can be ordered. T-shirts \$7, Polo \$25. Deadline- Monday April 5, 2010

2. 30th Anniversary- Leonard reported, we are club number 47 nationally and only 10 or 12 of the 47 are still surviving.

The committee for the 30th Anniversary met on 11 March:

- a) Tentatively planning a September 18th walk at Eckert's. Gary already has a great walk set
- b) Dee & Leonard will have an open house on Friday evening 17 September.
- c) Plan is to invite all AVA officers to our anniversary. Debbie is contacting the Holiday Inn Express in Shiloh (\$84 + tax & free breakfast) concerning rooms for the officers. She also will look into getting a Banquet room at Eckert's for a Saturday night dinner (18 Sept).
- d) Tryathon on Saturday, try to do three events: Walk at Eckert's, swim (300 meters) at YMCA or Holiday Inn & bike route on metro link trail (register at Eckert's start at YMCA).
- e) Leonard opened a discussion to reduce prices a \$1 per event. Do all three then get \$3 off. Motions: First- Dee Second- Robin Latdrick The motions carried.

- f) Awards: Could do a patch with 30th on it and add on bars for each of the 3 events a person participated in. Leonard will work on the design and price.
- g) Leonard opened another discussion of whether we as a group want to offer small awards & gifts and a big award i.e. Branson trip (as we did on our 20th anniversary)? Whoever walks, swims or bikes can enter for the big prize drawing (if you do all three events then you can enter 3 times). For the little prizes, can only enter on the Saturday walk event. The big prize can enter from any of the 3 events. Motion: Packy, to table it for next month and think about it. Motion carried.

NEW BUSINESS:

1. Next Thursday (8 April)- New Program: Three Mile Thursdays: The purpose of this new program is to generate new members. Every Thursday morning (9:00) and evening (6:30) through September, the club will sponsor a walk through one of the areas parks. Dee & Leonard will lead the morning walk and Debbie & Mark will lead the evening walk. Every month the park will change and we will not sponsor a walk on the week of the club's monthly meeting.
 - a) The first walk will be Thursday, April 8th at Belleview Park .
2. Debbie Kruep brought up a motion for her to purchase two Sandwich A-Frame signs at \$48.95 each. Signs are for street crosswalks to inform drivers, walkers will cross the street. Can use it for other information or advertise. Motion Wil Clark Second Robin Latdrick. Motion carried

ITEMS FROM THE FLOOR:

Robin: Wants to put Luna bars on walking table. Luna bars are healthy nutrition bars. She would rather see this instead of the candy that is normally on tables.

ATTENDANCE DRAWING: Ed Davidson

NEXT MEETING: May 6, 2010

MEETING ADJOURNED: Motion: Second:

Motion passed.

Submitted by Cindy Stucky
Secretary Illinois Trekkers

2010 YRES

Belleville "Richland Creek" Greenway (Walk)

St. Elizabeth Hospital, Main Lobby Visitors Desk, 211 S. 3rd Street, Belleville, IL.
Contact: **(618) 236-9521**

Belleville-YMCA (Walk/Bike)

YMCA, 2627 Carlyle Ave., East Belleville, IL.
Contact: **(618) 236-9521**

CMT YMCA (Walk/Bike)

YMCA, 1 Town Center Dr, Maryville, IL,
Contact: **(618) 344-0225.**

National Shrine of Our Lady of the Snows (Walk)

Shrine Motel, 451 S. De Mazonod Dr., Belleville, IL.
Contact:, **(618) 210-0633**

**Illinois Trekkers
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ADDRESS CORRECTION REQUESTED