

ILLINOIS TREKKERS FOOTNOTES

NO. 2017-01

February 2017



President: Diane Prost; email diaprost@sisna.com; phone (618)726-7030

Vice President: Dale Gerlach; email baldddad50@gmail.com; phone (618)560-0420

Secretary: Vickie Ridgeway; email ridgeway410@msn.com; phone (618)416-5533

Treasurer: Dee Wojtysiak; email drw488@gmail.com; phone (618)530-3325

A Message from our President

The first two months of 2017 have flown by and spring is almost here. I hope everyone has taken advantage of the beautiful weather and have been walking the year round events in the area. There are many YRE's on both sides of the Mississippi River.

The Illinois Trekkers have many new walks scheduled for 2017. Step into Spring on March 25, 2017. Please volunteer to work the event to make it a success and bring a friend to walk Fairview Heights and Moody Park. Read more about the walk in this edition of the Footnotes.

Join Trekkin' Tuesdays on March 14th when I return from Florida. The Illinois Trekkers will be walking the Edwardsville YRE. Also join the group walks on Saturdays when there isn't a traditional event scheduled. In April Three Mile Thursdays will begin on April 13th at Our Lady of the Snows Shrine YRE. Registration will be at 6:15 p.m. and the walk will start at 6:30 p.m.

The 20th AVA Biennial Convention is coming June 7 - 9, 2017 in Billings, Montana. For more information about the convention go to <http://2017avaconvention.org/>. Make plans and book your room now because hotel rooms are filling up fast.

Please give your ideas for walks in 2017 and 2018 to any of the club officers. Bring your ideas to our next club meeting or email them to diaprost@sisna.com. Volunteers are needed to

work at traditional walks and to be Chairman of the Volkssport Committee.

Please come to our next meeting to help plan future events and shape the future of the Illinois Trekkers. The next meeting will be March 2, 2017 @ 6:30 p.m. in the Kinsella Room at the Fairview Heights Library. The Fairview Heights Library is located at 10017 Bunkum Road, Fairview Heights, IL. When you reach 10017 Bunkum Road, turn right onto Library Drive and continue to the library parking lot behind the library. Enter through the door on the lower level at the back of the library.

We hope to see you soon on a walk!

Submitted by Diane Prost

President, Illinois Trekkers Volkssport Club



Upcoming Walks

Step Into Spring **Fairview Heights, IL**

Tired of winter? Join the Illinois Trekkers on Saturday, March 25, 2017 in Fairview Heights, IL for their first traditional walk of 2017. The event will start at the Church of Nazarene Parkview, 50 Longacre Drive, Fairview Heights, IL. The trail will include a walk in Moody Park. NOTE: Pets are NOT allowed in Moody Park. The walking trail will be mostly flat surfaces for your pleasure. Start anytime between 9am and 12 Noon. **Of course** it will be warm and sunny—no showers until April.

Submitted by Darleen Kraemer, POC



Keep on Trekkin'

Upcoming "Trekkin" Dates for your Calendar

Mar 2: 6:30 pm Trekkers Meeting, Fairview Heights

Mar 25: 9am-12pm *Step Into Spring, Moody Park, Fairview Heights, IL*

Apr 6: 6:30 pm Trekkers Meeting, Fairview Heights

Apr 29: 9 am-11am *Laderman Park Walk, Belleville, IL*

Please check our club website for times and places of Trekkin' Tuesdays, 3-Mile Thursdays, and Saturday group walks.
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MILESTONES

CONGRATULATIONS to our members who reached the following Event and Distance milestones
(published in Feb/Mar 2017 TAW):

William Badger	1150 Events
Jackie McKay	50 Events

**"WALKING IS MAN'S BEST
MEDICINE." HIPPOCRATES**

Footnotes Editor: Trudy Duffman
Submit articles by the 25th of each month.

trudyduffman@yahoo.com

618-670-6920

ILLINOIS TREKKERS VOLKSSPORT CLUB MEETING MINUTES February 2, 2017

1. **CALL TO ORDER:** 6:30 p.m. by Vice President, Dale Gerlach.
 2. **GUESTS:** None
 3. **NEW MEMBERS:** None
 4. **SECRETARY'S REPORT:** Trudy pointed out that last month a sympathy card was sent to Candace Purcell, whose daughter, Tori, passed away. Nikki Wilcoxon made a motion to approve the minutes as corrected. Motion passed.
 5. **TREASURER'S REPORT:** Dee Wojtysiak - Balance as of January 31, 2017 – Checking, \$3,172.04. Motion made to approve report by Packy Botula pending audit. Motion passed.
 6. **COMMITTEE REPORTS:**
 - A. **Volkssport Committee:** Diane Prost, Acting chair.
 - 1) Individual incentive program: **Tour De Metro East.** Dee Wojtsiak reported.
 - a) Awards for completing the 2016 challenge were 25
 - b) 2017 brochures available tonight
 - c) Can be downloaded or printed from Illinois Trekkers' website.
 - 2) Step into Spring-Moody Park: Darleen Kraemer. Programs are ready. Worksheet sent around.
 - 3) April 29th walk: Packy and Sue Botula: Packy states that the trail has been sanctioned. Start in the Park. More details later. Sportsplex closed. Trudy is working on the brochure.
 - 4) Maryville walk/possible swim event June 17, 2017: Vickie Ridgeway. In the works. Will include ice cream stop. Considering YRE Volksswim.
 - B. **Special Activities Committee:** Nikki Wilcoxon, Chairwoman.
 - 1) **Christmas Party:** Nikki reported that she and Jackie are considering Smokin K's at Millstadt for next year's Christmas Party.
 - 2) **Refreshments:** Darleen Kraemer, Chair. Nikki Wilcoxon provided refreshments this evening.
 7. **OLD BUSINESS:**
 - A. **Volkssport Committee Meetings.** These meetings are open to anyone interested in planning walks. Start thinking of ideas for 2017 and 2018 walks
 - B. **2017 Illinois Trekkers' membership forms available online.**
Don't forget to renew your membership
 - C. **March meeting will be an informational meeting only.** Dee and Diane both out of town. No quorum.
 - D. **Three Mile Thursdays Schedule. Walks will start at 6:30 unless further notice given.**
 - 1) April 13, 20, & 27, 2017: Our Lady of the Snows Shrine YRE
 - 2) May 11, 18 & 25, 2017 Richland Creek YRE
 - 3) June 8, 15, 22, & 29, 2017 Millstadt YRE
 - 4) July 13, 20, & 27, 2017 Maryville YRE
 - 5) August 10, 17, 24, 31, 2017 Belleville East YMCA YRE
 - 6) September 14, 21, & 28, 2017 Glen Carbon YRE
 - 7) October 12, 19, 26 St. Clair Mall YRE
- Mid-America Conference.**
Mid America's 2017 Conference date is October 27, 28, 28 & 29, 2017 in Evansville, Indiana.

8. REPORTS ON YEAR-ROUND EVENTS (YRE'S):

<u>Our Lady of the Snows</u> : Dale Gerlach –	Walkers:	2 - January;	2 – YTD
<u>Richland Creek</u> : Nikki Wilcoxon –	Walkers:	8 – January;	8 – YTD
<u>Belleville YMCA</u> : Packy and Sue Botula –	Walkers:	7 – January;	7 – YTD
	Bike:	0 – January;	0 – YTD
<u>Maryville</u> : Vickie Ridgeway -	Walkers:	8 – January;	8 - YTD
	Bike:	0 – January;	0 –YTD
<u>Fenton</u> : Tom and Cindy Stucky-	Walkers:	– January ;	– YTD
<u>Glen Carbon</u> : Susan Hodgson -	Walkers:	14 - January;	14--YTD
<u>St. Clair Square Mall</u> : Trudy Duffman -	Walkers:	13 -January;	13- YTD
<u>Millstadt</u> : Jackie McKay	Walkers:	19 January:	19-YTD

9. OPPORTUNITIES FOR SERVICE:

- A. Editor for Footnotes.** Trudy Duffman has volunteered as editor for Footnotes should we decide to continue. She will contact Susan Bacon re: Templates she has used in past.
- B. Volunteer to work at traditional events.** Dale commented that our club members are doing a great job filling in as needed.
- C. Members for Committees: Discussion**
 - 1) Need Chairman for Volkssport Committee
 - 2) Need Members for Volkssport Committee
 - 3) Next meeting for the Volkssport Committee will be in April when Diane comes back.

10. NEW BUSINESS:

- A. Ava Convention June 7-9, 2017 Billings, MT**
 - 1) Convention hotel rooms are totally booked
 - 2) Walks prior to convention start June 3, 2017 include Crazy Horse
 - 3) Post-convention walks June 10 & 11, 2017
 - 4) Registration will begin February 1st. Website: <http://2017VAconvention.org>
- B. NEC Meeting Highlights**
 - 1) New customized stamps for your event.
 - 2) Per Participant Sanctioning Permanent
 - 3) Non IVV events for fun

11. PRESIDENT'S REPORT:

- A.** Diane will be out of town for March meeting.
- B.** Congratulations to anyone having a birthday or anniversary this month! Susan Hodgson February 2
- C.** The Big Give this year will be May 4, 2017. AVA will be participating again this year.
- D.** Start thinking about ideas for 2018 walks!
- E.** Highlights from the recent NEC Meeting January (see New Business)
(not brought up, but in Diane's notes:
 - 1) Bike cue sheets will be added to the trailmasters guide
 - 2) New program proposed to start January 1, 2018 - Walk Like an Olympian
 - 3) First prequel IML event – San Antonio, TX – February 24-26, 2017.

REVIEW OF AVA HEADQUARTERS' CHECKPOINT.

Link available on IL Trekkers website or can have it emailed to you.

12. ITEMS FROM THE FLOOR:

- 1) Sympathy card passed for signatures for Sue Bacon's brother who recently passed away.
- 2) Packy asked how many were going to the convention, whereupon several raised their hands. Discussion regarding the remoteness of Montana vs New York and its proximity to other walk sites. Discussion regarding sending a delegate for our club.
- 3) New Stuttgart Seasonal Start point: Hannibal, MO. Opens April 1 through December 31.
- 4) Reminder of new vs old website: www.illinoistrekkers.org
- 5) Trudy recommended the TrailMaster program to any member who has not gone through this program before.

14. ATTENDANCE DRAWING:

Charles (Packy) Botula was the winner!

15. NEXT MEETING:

March 2, 2017 @ 6:30 pm in the Kinsella Room at the Fairview Heights Library. The Fairview Heights Library is located at 10017 Bunkum Road; Fairview Heights, IL. When you reach 10017 Bunkum Road, turn right onto Library Drive and continue to the library parking lot behind the library. Enter through the door on lower level at the back of the library.

16. MEETING ADJOURNED: 7:13pm

Submitted by Vickie Ridgeway
Illinois Trekkers Secretary

2017 YREs

Belleville Historic District & Richland Creek Greenway (Walk)

St. Elizabeth Hospital, 211 S. 3rd Street, Belleville, IL

POC: Nikki Wilcoxon, 618-973-3825

Belleville - YMCA (Walk/Bike)

YMCA, 2627 Carlyle Ave., East Belleville, IL

POC: "Packy"/Susan Botula, 618-236-9521

Belleville - National Shrine of Our Lady of the Snows (Walk)

Shrine Motel, 451 S. De Mazenod Dr., Belleville, IL

POC: Dale Gerlach, 618-560-0420

Fairview Heights – St. Clair Square Mall (Walk)

Schnuck's, 625 Lincoln Highway, Fairview Heights IL

POC: Trudy Duffman, 618-670-6920

Glen Carbon – Old Town (Walk)

Casey's General Store, 70 S. Main St, Glen Carbon IL

POC: Susan Hodgson, 618-416-5533

Maryville - CMT YMCA (Walk/Bike)

YMCA, 1 Town Center Dr., Maryville, IL

POC: Vickie Ridgeway, 618-792-3881

Millstadt – Village & Nature Park (Walk)

IGA Store, 625 East Washington Street, Millstadt, IL

POC: Jackie McKay, 618-616-1330

St Louis – Fenton, Mo (Walk)

Riverchase of Fenton Recreation Center, 990 Horan Street, Fenton, MO. 63026

POC: Cindy/Tom Stucky, 314-270-3100

Illinois Trekkers
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