

# ILLINOIS TREKKERS FOOTNOTES

NO. 2019-01

January 2019



**President:** Trudy Duffman; email [trudyduffman@yahoo.com](mailto:trudyduffman@yahoo.com); phone (618) 670-6920

**Vice President:** Nikki Wilcoxon, email [njwilcoxon@aol.com](mailto:njwilcoxon@aol.com); phone (618) 973-3825

**Secretary:** Vickie Ridgeway; email [ridgeway410@msn.com](mailto:ridgeway410@msn.com); phone (618) 416-5533

**Treasurer:** Dee Wojtysiak; email [drw488@gmail.com](mailto:drw488@gmail.com) phone (618) 530-3325

## A Message from our President



Welcome to 2019. The new year will bring new walking trails and events for us to enjoy. Mother Nature has been giving us a taste of winter, so be careful if you walk on the outdoor YRE trails. Dress warm, wear proper shoes or boots and always have a charged cell phone with you. The St Clair Square Mall YRE is a great alternative for group and individual walking during the inclement weather. Always check the Illinois Trekkers website for the latest information regarding a walk or call me directly. There is a new 2019 Challenge available for all walkers. Start collecting your stamps now. Hope to see you at a group walk soon. The next meeting will be March 7, 2019 @ 6:30 pm at the Faith Lutheran Church, 520 E. Hwy 50, O'Fallon, IL 62269 (across the street from the OTHS). During the meeting we will make plans for traditional walks in 2019. Hope you can volunteer to be the POC of an event this year. Volunteers are needed to help make the club a success.

*Submitted by Trudy Duffman  
President, Illinois Trekkers Volkssport Club*

## Next Traditional Event



The next Illinois Trekkers Traditional walking event is scheduled for Saturday, February 23, 2019 in Freeburg, IL. This is the first traditional walk of the new year and will give walkers the opportunity to enjoy strolling beautiful Freeburg. This is the Mid-Winter Soup Walk which will start at St. Joseph's Catholic Church Parish Center, 6 N. Alton Street, Freeburg, IL 62243. Walkers are asked to bring at least two cans of soup as part of their registration fee (normal \$3 fee applies to all walkers). One can will be used in a pot to make soup to serve our walkers and the other will be donated to the Freeburg Food Pantry. Soup will include chicken noodles, vegetable beef and tomato along with hot bread. Desserts will be available at a nominal fee. This is the time of year to walk for fun, sit down to eat and visit with friends and welcome new walkers to the group. Registration will be between 9:00am and 12:00pm with a finish of no later than 3:00pm. There is a \$3 fee for all participants. Parking is available in front of the Parish Center. Dress for the weather and come out to support our club and have a good time. There will be a wine basket raffle at the event.

Trudy Duffman is the POC of this event. If you need additional information, contact her at [trudyduffman@yahoo.com](mailto:trudyduffman@yahoo.com) or 618-670-6920.

*Submitted by: Trudy Duffman*

# NEW MASCOUTAH WALK

Susan Jones has volunteered to be the POC for a new seasonal event in Mascoutah, IL. This will be a great addition to our current list of year-round-events. Mascoutah is a historic town with so much to see. There are murals, a park complete with a train depot, caboose and rail car, the Berger-Kiel House, and shops. There are several good eating establishments too. We will walk this event as a group on Tuesday, April 2, 2019 and then schedule a group Kick-Off for Saturday, April 6. Mark your calendars now to attend one of these events. This event officially starts on April 1 and runs through December 31, 2019. The start location is the St. Louis Coffee World Coffee Shop, 200 E. Main Street, Suite 100, Mascoutah, IL 62258. Hours of operation are:  
Monday – Saturday 6:30am – 4:00pm  
Sunday – 8:00am – 3:00pm  
Call to check on holidays 618-413-4018

POC: Susan Jones [susanljones52@gmail.com](mailto:susanljones52@gmail.com)

*Submitted by: Trudy Duffman*

## Congratulations

Congratulations to Andy & Sue Bacon on the completion of their 50 State Program. A walk in Hawaii sounds very nice to those of us in the local area right now.

## Keep on Trekkin'

Check the Illinois Trekkers website for all of the scheduled walking events—[www.illinois-trekkers.org](http://www.illinois-trekkers.org).

## 3-Mile Thursday Evening Walks

3-Mile Thursday evening walks will start again in April 2019. The first event will be on Thursday,

April 11. A schedule will be proposed by the Volkssport Committee at the March meeting.

## Member Awards – TAW (Dec 18/Jan 19)

### Events

John Manfredi	30
Muriel Barber	475
Bonnie Carlson	700

### Distance

Muriel Barber	2500 KM
Bonita Carlson	7000 KM

## FOOTNOTES NEWSLETTER

The Footnotes newsletter will be published monthly. This is your newsletter so everyone is encouraged to write an article or two to share with fellow walkers. Articles can be about new walks, health and fitness, dog tales from the trail, or other ideas. Send the articles to Trudy Duffman, [trudyduffman@yahoo.com](mailto:trudyduffman@yahoo.com) or bring to the monthly meetings prior to the next issue. Thank you for your support of the Illinois Trekkers.

## WEBSITE

Please check our club website for times and places of Trekkin' Tuesdays, 3-Mile Thursdays, and Saturday group walks. The website is currently updated routinely by Diane Prost.

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**COME WALK WITH US!**



**Lunch in St. Charles, MO on New Year's Day 2019. The group walked the beautiful St. Charles YRE on a very cold day.**

**Group walk in Edwardsville, IL on Saturday, January 5. A beautiful, sunny day for a great event.**





**Another beautiful day on Sunday, January 6 for a group walk in Downtown Belleville, IL.**

**Walkers enjoying a beautiful morning at the Shrine in Belleville, IL.**



## **2019 YREs**

### **Belleville Downtown, Historic District & Richland Creek Greenway (Walk)**

Balance Coffee and Tea, 732 S. Illinois Street, Belleville, IL 62220

POC: Susan Hodgson, 618-416-5533

### **East Belleville - YMCA (Walk/Bike)**

YMCA, 2627 Carlyle Ave., East Belleville, IL 62221

POC: "Packy"/Susan Botula, 618-236-9521

### **Belleville - National Shrine of Our Lady of the Snows (Walk)**

Shrine Motel, 451 S. De Mazenod Drive, Belleville, IL 62223

POC: Jackie McKay, 618-616-1330

### **Columbia – A Walk in Historic Columbia (Walk)**

Café on the Abbey, 340 S. Main Street, Columbia, IL 62236

POC: Jackie McKay, 618-616-1330

### **Edwardsville – YMCA (Walk/Swim)**

#### **A Walk to Edwardsville Parks**

YMCA, 1200 Esic Drive, Edwardsville, IL 62025

POC: Vickie Ridgeway, 618-792-3881

### **Fairview Heights – St. Clair Square Mall (Walk)**

Schnuck's, 625 Lincoln Highway, Fairview Heights IL 62208

POC: Trudy Duffman, 618-670-6920

### **Glen Carbon – Old Town (Walk)**

Casey's General Store, 70 W. Main Street, Glen Carbon IL 62034

POC: Susan Hodgson, 618-416-5533

### **Maryville - CMT YMCA (Walk/Bike)**

YMCA, 1 Town Center Drive, Maryville, IL 62062

POC: Vickie Ridgeway, 618-792-3881

### **O'Fallon – Walk in the Parks (Walk)**

Schnuck's Market, 907 E. Hwy 50, O'Fallon, IL 62269

POC: Nikki Wilcoxon, 618-973-3825

### **Seasonal Walk (04/01/2019-12/31/2019)**

#### **Mascoutah, IL**

St. Louis Coffee World Coffee Shop, 200 East Main Street, Suite 200, Mascoutah, IL 62258

POC: Susan Jones, 951-818-6662

# ILLINOIS TREKKERS MEMBERSHIP MEETING

January 3, 2019

1. **Call to Order:** 6:30pm per Trudy Duffman, President
2. **Special Guests:** none
3. **New Members:** none
4. **Secretary's Report:** Vickie Ridgeway. Diane Prost made the motion to approve the minutes from the previous meeting (November 2018). Muriel Barber 2<sup>nd</sup>. Motion passed
5. **Treasurer's Report:** given by Dee Wojtysiak, Treasurer. Vickie Ridgeway made the motion to approve the report pending audit. Leonard Wojtysiak seconded the motion. Motion passed.  
Report from the Audit Committee of November 26: John Manfredi and Susan Jones by Diane Prost, Past President – that all was in order. Diane Prost wanted to point out money that our Club sends to AVA to support our activities. An explanation given to members present unfamiliar with process of our finances. Dee Wojtysiak, Treasurer, to provide the Club a total later.
6. **Committee Reports:**
  - A. Volkssport Committee- Diane Prost, POC
    - o 2/23/2019 Soup Walk – Freeburg, IL – POC: Trudy Duffman. Work Sheets available for volunteers
    - o Vickie Ridgeway is looking into a possible walk in Greenville, IL in July
    - o Leonard and Dee Wojtysiak are looking into a possible walk in an orchard.
    - o A lot of walks are still in process.
  - B. Next Volkssport Committee Meeting is scheduled for:
  - C. The Volkssport Committee solicits new walking venues and then brings those ideas to the general membership meeting for a vote.
  - D. Individual Incentive Program 2019 – special non-AVA program for members to participate in local IL/St. Louis area YRE's., Traditional Events, attend at least 1 meeting and work at one sanctioned event. 19 completed requirements for a FREE Walk Coupon. Trekker stamp will be used at meeting.
    1. Individuals turning in 2018 program: Trudy Duffman
  - E. List of walks sent out to other Metro clubs per Trudy Duffman, President. Any change in dates or status, please let Trudy know that she may inform the other clubs.
  - F. Reminder: Submission of walk sanctioning closes early in the Fall; none accepted in January and February. Goal is to have walk sanctioned 90 days out. Trudy will contact AVA personnel should need arise to make sure Mascoutah seasonal walk is available by April 1, 2019.
  - G. TAW (The American Wanderer Newsletter) comes out Quarterly; so important to get our event affairs ready within a reasonable time so that they may be properly advertised in this module, also.
  - H. Diane asked if the Club wanted to continue Three Mile Thursdays. Discussion followed.
7. **Old Business**
  - A. **Christmas Party Walk December 8, 2018**-Nikki Wilcoxon, POC
    - o 17 walkers, 21 at lunch at O'Charley's. We played a game/rolled the dice to pass presents around. \$5.00 was given to all the members to help defray the cost. Note was sent by Nikki to O'Charley's for excellent staff help and quick service.
  - B. **New Year's Eve Walk December 31, 2018**– Diane Prost, POC
    - o 10 walkers, 21 at buffet dinner at Smokin' K's in Millstadt. 5 Bicentennial Pins were handed out from drawings that evening at walk and dinner. Good food choices, warm atmosphere. Suggestions for prizes for next year were discussed.
8. **Officer Board met on December 2, 2018 at Dee's house. Many issues addressed by the club officers. Summary:**
  - o POC responsibilities for Traditional and YRE'S

- Safety first
- Bathroom Accessibility
- Event directions in two columns for easy reading while walking. Remember we sanction walks for the general public, and they may be unfamiliar with the locale. Recommended suggestion in the Trail Master Guidelines as well as a mention from Andy Bacon, Regional Director.
- Include emergency numbers, have a backup person available in case you are going to be unavailable
- copyright information on walk sheets
- Brochures should meet the requirements of the AVA template guidelines.
- Meet with local authorities in community prior to marking a trail. Involve city leaders and the police
- AVA Award Nominations for 2021 Convention – start keeping a list of people, venues, or other individuals who assisted in making an event successful. We should recognize those individuals with an award presented by the AVA. Forward the information to the Club President for compiling. (June 2019-June 2021; submitted Fall 2020).
- Footnotes will return to a monthly newsletter
  - Volunteer needed for editor or Trudy Duffman will continue to edit it
  - Send articles to Trudy no later than the 25<sup>th</sup> of each month
- Walk Alert will continue weekly – Trudy is currently publishing it.

## 9. New Business:

- Website/Diane Prost – Thank you, Diane for continuing to manage the updates in the Illinois Trekkers website
- Sanctioning of Events and Traditional Event brochure approval/Diane Prost. Diane will follow the AVA guidelines for brochure content.
- AVA deadlines for The American Wanderer (TAW) have changed. We must be timely if we want dates listed in the paper and articles published prior to events
  - March Issue – January 24
  - June Issue -- April 24
  - September - July 24
  - December - October 23
- Mid America Regional Director 2019-2021: Bob Buzolich has submitted his name as a candidate for the MA Regional Director nomination. Bob is from Indiana and has served as the President, Hoosier Hikers Club and Treasurer, Indiana Volkssport Association. As a club, we have been asked to vote by ballot for his nomination.
- Dee Wojtysiak made the motion to have Illinois Trekkers officially vote for Bob Buzolich for MA Regional Director for 2019-2021. Diane Prost 2<sup>nd</sup>. Motion carried.
- NEC/Board Meeting will be held in Tucson, AZ January 11-13, 2019. Andy Bacon will be attending.
- AVA Calendars available for \$13 plus S&H. Contact Marian at (210)659-2112 or email her [marian@ava.org](mailto:marian@ava.org). April's pictures are from Mid-America Region. Illinois Trekker originals are included this month.
- Walkin' Canada – Virtual On-line Program. Cost \$22. Handouts re: program available. Regional Challenge-Footsteps. One with the most footsteps will be recognized at the Convention.

## 10. President's Report

As the new club president, I want to thank all the club members who volunteer their time, talents, and resources to make our organization successful.

## 11. Items from the Floor:

A. Way of Lights Accessories



- Dee Wojtysiak showed a multiple flashlight package she thought might be useful to hand out to the Scout Leaders during the Way of Lights walk. She is asking for permission for the club to purchase these lights. Nikki Wilcoxon made the motion for the club to purchase these flashlight packages for use during the Way of Lights walks. Vickie Ridgeway 2<sup>nd</sup>. Motion carried.
  - Diane Prost had purchased battery powered candles for the trail signs. Will replace batteries for next year's walk. Lots of positive comments from the walkers that this was helpful.
- B. Recent Club Orders, by Leonard Wojtysiak
- more ribbons had been ordered for trail marking, especially pink. He also wanted to thank everyone for helping to keep the shed clean and orderly.
  - Dee Wojtysiak had ordered more start cards.
- C. Leonard wanted to impress upon our club the importance of working on your directions to help make them look more professional. Trudy made the comment that there are times construction alters the directions. Our goal is to help the walker, especially the out of town newbie to keep from getting lost.
- D. Anyone needing help with their event/distance books in keeping their records updated, getting them ready to send in for qualification, etc., please let Trudy Duffman know.
- E. Dee and Leonard Wojtysiak talked about and showed an example of the start card they recently used in walk on their latest trip to Germany. Points of interest were used as checkpoints, for instance. This card had to be turned in before their book was stamped. Interesting.
- F. Nikki Wilcoxon asked how to go about getting our pictures onto the AVA Website.
- G. Trudy Duffman relayed that Andy Bacon, Regional Director, has recommended that we put forms out for AVA Membership in all our walk boxes/binders.
12. Attendance Drawing: Diane Prost won the Free Walk.
13. Next Meeting: There will be NO meeting in February. The March meeting will be held at Faith Lutheran Church, 520 E. Hwy 50, O'Fallon, IL 62269 on March 7, 2019 at 6:30pm. There will be refreshments.
14. Meeting adjourned at 7:42pm.

### Reports on Year-Round Events:

Our Lady of the Snows: Jackie McKay	Walkers: December=26	YTD=143
Belleville Downtown, Historic Districts & Richland Creek		
Greenway: Susan Hodgson	Walkers: December=20	YTD=126
Belleville YMCA Packy & Sue Botula	Walkers: December=16	YTD=98
	Bike: December=2	YTD=9
Columbia: Jackie McKay	Walkers: December=11	YTD=123
Edwardsville	Walkers: December=7	YTD=74
	Swim: December=0	YTD=22
Maryville: Vickie Ridgeway	Walkers: December=3	YTD=106
	Bike: December=0	YTD=23
Glen Carbon: Susan Hodgson	Walkers: December=10	YTD=120
St. Clair Square Mall: Trudy Duffman	Walkers: December=6	YTD=100
Millstadt: Jackie McKay	Walkers: December=19	YTD=108
O'Fallon: Nikki Wilcoxon	Walkers: December=27	YTD=103



