**WALK WITH OUR SISTER CLUBS**

**YEAR AROUND**

**METRO STL - ILLINOIS WALKS**

**Hartford**

**Litchfield**

**Springfield - Capitol**

**Belleville-Oakland Historic District**

 **Edwardsville**

 **O’Fallon-Town Walk**

**METRO STL - MISSOURI WALKS**

**Cuba - Missouri's Mural City Walk**

**Hermann – Old Town**

**Hermann – Katy Trail Bike**

**Jefferson City - Capitol**

**Kirkwood – Historic**

**Richmond Heights**

**Rolla - Veteran Memorial**

**St. Charles**

**Saint Louis – Downtown**

**Saint Louis – Fabulous CWE**

**Saint Louis - Forest Park**

 **Saint Louis – LeMay/JB**

**Saint Louis - Maryland Heights**

**Saint Louis - Webster Grove**

**University City - Historic University City/Delmar Loop**

**Washington**

**ST. LOUIS AREA AVA**

**WALKING Clubs** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Illinois Trekkers**

**Lebanon Cedar Cruisers**

**Gateway Milers**

**Rolla Roadrunners Volkssport Club**

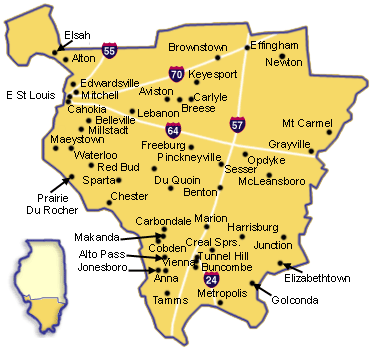
**St. Louis-Stuttgart Volksmarch Club**

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCKOPusW4iscCFUQNkgodujcAFg&url=http://www.inboundlogistics.com/cms/article/illinois-missouri-bi-state-region-logistics-center-of-attention/&ei=sBK-VaP3IcSayAS674CwAQ&bvm=bv.99261572,d.aWw&psig=AFQjCNEAysHhDw6DNtfmfs8uTjk29930VA&ust=1438606358333533)

**ILLINOIS TREKKERS VOLKSSPORT CLUB**

**YEAR ROUND (YRE)**

**WALK, SWIM AND BIKE EVENTS**

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCJHH2e3srsgCFcWYgAod_ZIAjQ&url=http://www.illinoisschools.com/parent-resources/southern-illinois.html&psig=AFQjCNEa83UAkDM7aZL7FKVe5vLcZIIlYw&ust=1444255400150041)

 **Belleville, IL** **3 Walks & 1 bike event**  **Columbia, IL Walk**

 **Edwardsville, IL Walk & Swim**

 **Fairview Heigts, IL Walk**

 **Glen Carbon, IL Walk**

 **Maryville, IL Walk & bike**

 **O’Fallon, IL Walk**

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**JANUARY – DECEMBER**

**2019**

**GENERAL INFORMATION**

**WELCOME**: The Illinois Trekkers invite you to nine walking, one swimming & two biking year round events (YRE). Walk as many times as you choose – daily, weekly, monthly. We have planned them for your enjoyment as our motto states: “FUN, FITNESS, and FELLOWSHIP”.

**WHAT IS A VOLKSMARCH**: A leisurely walk or ride through a scenic, historic, and/or interesting area over a trail, walking path, sidewalks, and streets. These events are family oriented, noncompetitive walks done at your own pace. An international achievement program (IVV) is available to keep track of your walking or biking accomplishments.

**SPONSOR**: The Illinois Trekkers is a not for profit walking club located in the greater St. Louis metropolitan area. The club hosts weekly, monthly, and year around walks. Visit our Web site at [www.illinois-trekkers.org](http://www.illinois-trekkers.org) Address: Illinois Trekkers, PO Box 603, O’Fallon, IL 62269



**REGISTRATION LOCATION/TIMES**: Each Illinois Trekkers YRE walk, swim or bike ride has its own self-registration/start point. Locate the “Walk Box” at each YRE location. A specific Walk Box location (where you self-register) is provided in each event listing. Follow the registrations directions found in the Walk Box. Each walk, swim or bike event has a time for use of the trail, such as “dawn to dusk.”

**DATES:** All YREs are hosted from January to December 2019. Not all “walk box” registration sites are open on holidays. Refer to the specific site information.

**TRAILS:** Trails vary. The trail rating guide helps you to determine your use of a specific trail. Ratings include:

**AVA TRAIL/ROUTE RATING SYSTEM**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Part 1 – INCLINE/**  **ELEVATION** |  | **Part 2 - TERRAIN** |
| **1** | Very small hills or very little stair climbing. | **A** | Almost entirely on pavement. |
| **2** | Some moderate hills or stair climbing. | **B** | A significant part of the route is on well-groomed trails with very few obstacles. |
| **3** | Some significant hill or stair climbing. | **C** | A significant part of the route is on somewhat difficult terrain (rocky/rooted paths or soft sand.) |
| **4** | Lots of significant hills or stair climbing. | **D** | A significant part of the route is on very difficult terrain. |
| **5** | Many steep hills. | **E** | The majority of the route is on very difficult terrain. |

**DISTANCE:** Generally the walk distances are 5K (3.1 miles) and 10K walk (6.2 miles). Biking events are longer. Refer to the individual events for exact distances.

**FEES AND PROCEDURE:** $3.00 per participant. At the time of self-registration each participant must fill out and sign a start card before beginning the event. **A START CARD MUST BE FILLED OUT.** Carry this card with you to the finish point. All start cards remain the property of Illinois Trekkers and must be turned in when the event is completed. Please complete your registration according to the directions indicated in the Walk Box. Your start card is mailed along with your payment to the Point of Contact (POC).

**INFORMATION CONTACT:**

Every event has a POC who has the most current information about a specific event. They also receive your payment and start cards. They complete all incident and accident reports for a specific trail. Contact the POC for additional information about the event.

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAMQjRxqFQoTCIHBsM6Dn8gCFcuLkgodq1IOwQ&url=http://www.ivv-web.org/pages/en/logos.en.php&psig=AFQjCNF9vJvBroHzd7WxVj7rt9NGco8Qmg&ust=1443711777249831)[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCNm_wdCDn8gCFc4Vkgodj3AHhQ&url=http://www.vebidoo.de/hermann%2Bhutzel&psig=AFQjCNEVsgVjGo8ShdKafLGf4YfruOoglA&ust=1443711777656761)

**SAFETY:** Your safety is a primary concern. You should remain vigilant along the routes for route deficiencies, traffic, weather related conditions, construction, and unexpected events. Report all incidents and/or accidents to the POC.

**STIPULATIONS:** All events are open to everyone. No refunds are given for any monies paid. The events are offered regardless of weather conditions.

**DISCLAIMER:** The Illinois Trekkers Volkssport Club, AVA, or IVV cannot be held liable for accidents, theft, material damage, and/or injury. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable, and memorable event. Children age 12 and under must be accompanied by an adult. By self-registering for these events, the participant agrees to these conditions.



**MISCELLANEOUS:** Be sure to bring your camera and dress according to weather conditions. Parking is available at the Start Points. It is noted for each walk whether pets are welcome and in all cases they must be leashed at all times and the owner is responsible for cleanup. Water should be carried on all events. Suitability of the trail for strollers, wheelchairs, and wagons is indicated for each walk. Restrooms are not guaranteed at all start points and indicated on the listing for each event.

**SANCTION:** All walk and bike events are sanctioned by AVA. Please refer to the specific event for the sanctioning number.

**GENERAL INFORMATION:**

Illinois Trekkers Web Site: [www.illinois-trekkers.org](http://www.illinois-trekkers.org)

ADDRESS

Illinois Trekkers

PO Box 603

O’Fallon, IL. 62269

American Volkssport Association Web Site: [www.ava.org](http://www.ava.org)



**Dates: 1/1/2019 - 12/31/2019**

**City / State: Belleville, IL**

**Event Name: Downtown, Historic Districts & Richland Creek Greenway**

Event Type: Year Round Walk

Event ID: 111578 2019/Y0904

Distance - Trail Ratings: 5/10km - 1A

Description: Daily, dawn to dusk. Check payment preferred. Restrooms and water are available at the start/finish and at several locations along the trail. The Richland Creek Greenway connects six city parks. After leaving the greenway you will traverse through two historic districts and a beautifully renovated downtown streetscape. The Fountain square is host to many events throughout the year. Saturdays, May-October, you can catch the Farmer's Market. The third weekend in May is "Art on the Square," voted #1 in the country in 2011 and 2013. The last weekend in June is the "Jazz and Wine Festival." September brings the Oktoberfest and the first weekend in October is the Chili Cook-Off. Info www.belleville.net.

Amenities: Strollers: Medium

Wheelchairs: Medium Pets: Yes Restrooms: Yes

Special Programs: Bridges - Spanning the USA, Make a Wish at a Water Fountain, Take a Walk In a City Park, & Walking the USA A - Z

Start Times: Daily, dawn to dusk

Location: Balance Coffee and Tea, 732 S. Illinois Street (Highway 159), Belleville, Illinois. Driving Directions: I-64, Exit 12 (IL-159) S. Continue through Swansea to downtown Belleville, around the Fountain, staying on Illinois Street (IL-159) to Balance Coffee and Tea (Train Depot) on your left at 732 S. Illinois. Free parking is available. Balance Coffee and Tea is open seven days a week. Walk binder is available on the shelf to the left of the cashier. More information on hours and holiday closings at balancecoffeeandtea.com or (618) 641-9900. Awards & Fees: IVV Credit Only

Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Susan Hodgson (618) 334-6304 Website: www.illinois-trekkers.org

E-Mail Contact: [lkcs246@gmail.com](mailto:lkcs246@gmail.com)

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCIiPlJKHn8gCFUkMkgodnsEFYw&url=http://www.strano.com/real_estate/belleville.asp&bvm=bv.103627116,d.aWw&psig=AFQjCNHzEz3bB1ffirY7i2RFAVy0S6pK1w&ust=1443712706607961)

**Dates: 1/1/2019- 12/31/2019**

**City / State: Belleville, IL**

**Event Name: Shrine**

Event Type: Year Round Walk

Event ID: 111751 2019/Y0226

Distance - Trail Ratings: 5/10km - 2B

Description: Daily, dawn to dusk. Please pay by check only. Many beautiful sites on location as well as The Shrine Restaurant and The Shrine Gift Shop and Book Store. Walk is on paved streets with some gradual hills. They are tree lined with beautiful landscaping, inspirational sculptures, and religious buildings. Water and restrooms are available at the start/finish as well as certain locations along the walk.

Amenities: Strollers: Hard Wheelchairs: Hard Pets: Yes Restrooms: Yes

Special Programs: Amphitheatres

Start Times: Hotel Desk is open 24/7

Location: Shrine Hotel of Our Lady of the Snows

Start Point / Driving Directions: Toll Free 1-800-682-2879 or local 618-397-1162. 451 S De Mazenod. I-64, I-55 or I-70 take I-255 S to exit 17 to Illinois Hwy 15. Follow Hwy 15 E to entrance of Shrine on right. Belleville, take Hwy 15 W to entrance of Shrine on left. On grounds, follow signs to Shrine Hotel. Walk Binder located at hotel check-in desk. The hotel desk is open 24/7.

Awards & Fees: IVV Credit Only

Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Jackie McKay (618) 616-1330

Website: www.illinois-trekkers.org

E-Mail Contact: jjmck1985@gmail.com





**Dates: 1/2/2019 - 12/31/2019**

**City / State: Belleville, IL**

**Event Name: YMCA - Walk**

Event Type: Year Round Walk

Event ID: 111749 2019/Y1513

Distance - Trail Ratings: 5/10km - 1A

Description: Center Hours: Mon-Thurs: 5 a.m.-10 p.m.; Fri: 5 a.m.-9 p.m. (3rd Friday of the month the center will host Parents Night Out); Sat: 6 a.m.-6 p.m.; Sun: 12 noon-6 p.m. Closed on major holidays. The trail is generally level, incorporating portions of the Metolink bike trail and passing through Southwestern Illinois College. The 20k option also includes neighborhoods. Restrooms/water are available at the start/finish and in a city park along the trail. Suggest you carry water. Check payment is preferred.

Amenities: Strollers: Medium

Wheelchairs: medium Pets: Yes

Restrooms: Yes

Special Programs: Honoring Our Flag, Walk the USA - Street by Street

Start Times: Center Hours: Mon-Thurs: 5 a.m.-10 p.m.; Fri: 5 a.m.-9 p.m. (3rd Friday of the month the center will host Parents Night Out); Sat: 6 a.m.-6 p.m.; Sun: 12 noon-6 p.m. Closed on major holidays.

Location: YMCA - East Belleville 618-236-9983.

Start Point / Driving Directions: 2627 Carlyle Ave. From I-64 take exit 16 onto Greenmount Rd in the direction of Shiloh. Proceed South for approximately four miles. Turn left at the light onto Carlyle Ave. (IL-161). The YMCA will be on your left at the third light. Reception desk will have the Blue "Volksmarch Binder". The start is also accessible by Metrolink at College station.

Awards & Fees: IVV Credit Only

Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Charles/Susan Botula (618) 236-9521

Website: www.illinois-trekkers.org

E-Mail Contact: packysuba@juno.com

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**Dates: 1/2/2019 - 12/31/2019**

**City / State: Columbia, IL**

**Event Name: A Walk in Historic Columbia**

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Event Type: Year Round Walk

Event ID: 111746 2019/Y2167 Distance - Trail Ratings: 5/6/11km - 1A

Description: The 5k will take you through St. Paul's Evangelical Cemetery, past the lake and through residential areas to Metter Park. Metter Park has a walking trail, gazebo, bandstand, and fountain. The 6k will take you down Columbia's Historic Main Street, with shops and restaurants, to Bolm Schuhkraft Memorial Park (locals call it "City Park") with a great walking trail and views from the bluff. Check payment is preferred.

Amenities: Strollers: Medium

Wheelchairs: medium Pets: Yes Restrooms: Yes

Special Programs: Make a Wish at a Water Fountain, Take a Walk In a City Park, Walk the USA - Street by Street

Start Times: Hours: M-F 6am - 4 pm, Sat 7am - 2pm, Sun 8am - 2pm.

Location: Cafe on the Abbey, 340 S Main Street, Columbia, Illinois. Driving Directions: From St. Louis: Take I-270/I-255 E to exit 6 for IL-3 S toward Columbia. Continue on IL-3; turn left on N. Main. From Belleville: Take IL-158 to S Main St in Columbia. Turn right onto S Main St. Cafe on the Abbey: (618)281-4554.

Awards & Fees: IVV Credit Only

Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Jackie McKay (618) 616-1330

Website: www.illinois-trekkers.org

E-Mail Contact: [jjmck1985@gmail.com](mailto:jjmck1985@gmail.com)



**Dates: 1/1/2019 - 12/31/2019**

**City / State: Edwardsville, IL**

**Event Name: A Walk to Edwardsville Parks**

Event Type: Year Round Walk

Event ID: 111744 2019/Y2168

Distance - Trail Ratings: 5/6/10km - 1A

Description: The 6k will take you to historic Leclaire Park and Lake. This community in Edwardsville was added to the National Register of Historic Places in 1979. The 5k will take you to Edwardsville Township Community Park. You will see two restored farm silos used for park storage and a US Navy A7E Corsair II aircraft.

Amenities: Strollers: Medium

Wheelchairs: medium Pets: Yes Restrooms: Yes

Special Programs: Take a Walk In a City Park, Walk the USA - Street by Street, Walking the USA A – Z

Start Times: Daily, dawn to dusk. YMCA hours *Monday - Thursday: 5:00AM - 10:00PM  
Friday: 5:00AM - 9:00PM  
Saturday: 7:00AM - 8:00PM  
Sunday: 10:00AM - 6:00PM*

Location: Esic Center YMCA

Start Point / Driving Directions: **1200 ESIC DRIVE, EDWARDSVILLE, IL** From I-270E take exit 9. Follow IL-157N to Esic Drive in Edwardsville.

Awards & Fees: IVV Credit Only

Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Vickie Ridgeway (618) 792-3881 Website: www.illinois-trekkers.org

E-Mail Contact: [ridgeway410@msn.com](mailto:ridgeway410@msn.com)



**Dates: 1/1/2019 - 12/31/2019**

**City / State: Fairview Heights, IL**

**Event Name: St Clair Square Mall **

Event Type: Year Round Walk

Event ID: 111752 2019/Y0805

Distance - Trail Ratings: 5k, 10k - 1A

Description: Walkers are encouraged to walk when the weather is too hot, cold, rainy, etc. This walk is entirely inside the mall. Restrooms are available on each level and there is a full food court that opens at 10:00 am. Security is always available at the mall. Personal items left in the mall are the walker's responsibility. Do not leave valuables on chairs or benches unattended. Only service animals permitted inside the mall.

Amenities: Strollers: Easy

Wheelchairs: Easy Pets: No

Restrooms: Yes

Special Programs: Ice Cream Parlors

Start Times: 6:00 am to 9:00 pm

Location: Schnucks, 625 Lincoln Highway, Fairview Heights, IL. Ask for the Illinois Trekker box at the service counter. Please be courteous of store customers. Store hours are 6:00 a.m to 1:00 a.m.

Start Point / Driving Directions: Schnucks Market, 625 Lincoln Hwy, Fairview Heights,IL. From I64 take route 159 south. Turn left onto Lincoln Hwy (Scott Credit Union is on the left) and the Schnucks Market will be on the right. After registering for the walk drive two blocks to the Food Court entrance of the Mall on the north side of the parking lot on the upper level. Schnucks is open from 6:00 am to 1:00 am and the mall entrances are open for walkers 6:00 am to 9:00 pm

Awards & Fees: IVV Credit Only

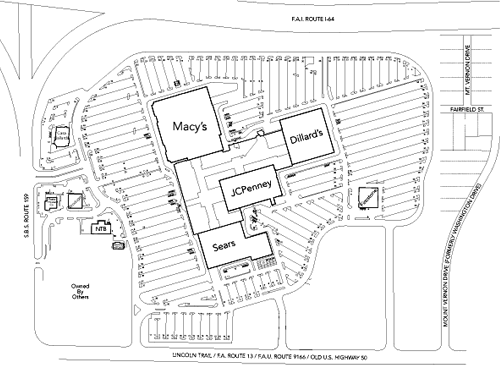
Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Trudy Duffman (618) 670-6920

Website: www.illinois-trekkers.org

E-Mail Contact: [trudyduffman@yahoo.com](mailto:trudyduffman@yahoo.com)

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**Dates: 1/1/2019 - 12/31/2019**

**City / State: Glen Carbon, IL**

**Event Name: A walk in "Old Town" Glen Carbon**

Event Type: Year Round Walk

Event ID: 111579 2019/Y0808

Distance - Trail Ratings: 5k, 10k - 1A

Description: Trail is along historic streets, past local businesses and restaurants and on two scenic Rails-to-Trails. The route is two 5k loops from Centennial Library. Glen Carbon is listed on 100 Best Places to Live in USA and 50 safest cities in Illinois. Walk is open daily dawn to dusk. Restrooms and water are available at the start/finish. Pet are welcome but you must pick up after your pet.

Amenities: Strollers: Medium

Wheelchairs: Medium Pets: Yes

Restrooms: Yes

Special Programs: Bridges - Spanning the USA, Honoring Our Flag, National Register of Historic Places, Treasure Hunt - A way to walk our precious trails, Walk the USA - Street by Street, Points of Reference

Start Times:

Location: Casey's General Store

Start Point / Driving Directions: 70 S Main St, Glen Carbon, IL. From I64 take I255N to IL 162E (exit 29). Follow 162E to left on IL 157 to right on Main Street. Ask for the walk binder. Casey's General Store is open 5:00 am to 11:00 pm every day. After registering, drive 0.1 miles to Glen Carbon Centennial Library.

Awards & Fees: IVV Credit Only

Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Susan Hodgson (618) 334-6304

Website: www.illinois-trekkers.org

E-Mail Contact: lkcs246@gmail.com





**Dates: 1/2/2019 - 12/31/2019**

**City / State: Maryville, IL**

**Event Name:**

Event Type: Year Round Walk

Event ID: 111747 2019/Y0903

Distance - Trail Ratings: 5K, 10K - 1A

Description: Center Hours: Mon- Fri: 5 am-9 pm; Sat: 7 am-5 pm; Sun: 12 noon-5 pm; closed on major holidays. Suggest you carry water. Please pay by check only. The trail has restrooms/water at the start/finish and at least one other point along the trail. The trail is a combination of the MCT Schoolhouse Bike trail and city streets of Maryville. This trail passes Maryville's favorite custard stand "Bobby's Frozen Custard" (web site: [www.bobbysfrozencustard.com](http://www.bobbysfrozencustard.com)).



Madison County has some of the best bike trails you will find in the country with over 100 miles of asphalt bike trails. For more information on the bike trails please visit: www.mcttrails.org.

Amenities: Strollers: medium

Wheelchairs: medium Pets: Yes Restrooms: Yes

Special Programs: Ice Cream Parlors, Take a Walk In a City Park, Walking the USA A - Z

Start Times: See Extended Description.

Location: Collinsville-Maryville-Troy (CMT) YMCA

Start Point / Driving Directions: 618-346-5600. 1 Town Center Dr. Maryville, IL 62062. From the intersection of I-55/70 and IL Route 159, go North on IL 159 and turn LEFT (West) onto Town Center Dr. Follow the road to YMCA parking lot. Ask for the dark blue 'Walk Binder' at the reception desk.

Awards & Fees: IVV Credit Only

Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Vickie Ridgeway (618) 792-3881

Website: www.illinois-trekkers.org

E-Mail Contact: ridgeway410@msn.com



**Dates: 1/1/2019 - 12/31/2019**

**City / State: O’Fallon, IL**

**Event Name: A Walk in the Parks**

Event Type: Year Round Walk

Event ID: 111753 2019/Y2119

Distance - Trail Ratings: 5k, 10k - 1A

Description: We invite you to walk two of O'Fallon, Illinois' parks. Rocks Springs Park is located at the end of Third Street with a Dog Park and a Nature Center. O'Fallon Community Park is in the heart of O'Fallon near downtown shops and restaurants and houses the community swimming pool, sports fields, and other community facilities. We think you will enjoy the contrast between the two parks. Each park is a 5k walk to and from Schnucks.

Amenities: Strollers: Easy

Wheelchairs: Medium Pets: Yes Restrooms: Yes

Special Programs: Take a Walk In a City Park, Walking the USA A – Z

Location: Schnucks Market

Start Point / Driving Directions: Schnucks Market, 907 E. Highway 50, O'Fallon, Illinois. From I-64 take Exit 16 (North Greenmount Road O'Fallon/Shiloh). Exit toward O'Fallon on North Greenmount Road. Turn right on US Highway 50 (CVS on the corner). Continue on Highway 50 passing the O'Fallon Community Park on your left and turn left into the Schnucks parking lot. After entering Schnucks, go left to the Courtesy Desk at the front of the store and ask for the Walk binder. There are tables around the corner from the coffee bar.

Awards & Fees: IVV Credit Only

Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Nikki Wilcoxen (618) 973-3825

Website: www.illinois-trekkers.org

E-Mail Contact: [njwilcoxen@aol.com](mailto:njwilcoxen@aol.com)



**Swim Event**

**Dates: 1/1/2019 - 12/31/2019**

**City / State: Edwardsville, IL**

**Event Name: Edwardsville Swim**

Event Type: Year Round Swim

Event ID: 111745 2019/Y2183

Distance: 300m - 1A

Description: Swim or walk 300m in the Indoor pool. There is a link to the "pool schedule" at www.edwardsvilleymca.com. Look for the "Esic Center Indoor Pool Schedule" or call at (618)656-0436.Center Hours: M-Th 5a-10p, Fri 5a-9p, Sat 7a-8p, Sun 10a-6p. Center is closed New Year's Day, Easter, Memorial Day, July 4th, Thanksgiving and Christmas. Center closes early on New Year's Eve and Christmas Eve.

Amenities: Strollers: Easy Wheelchairs: Easy

Pets: No Restrooms: Yes

Special Programs: None

Location: Esic Center YMCA

Start Point / Driving Directions: **1200 ESIC DRIVE, EDWARDSVILLE, IL** From I-270E take exit 9. Follow IL-157N to Esic Drive in Edwardsville.

Awards & Fees: IVV Credit Only

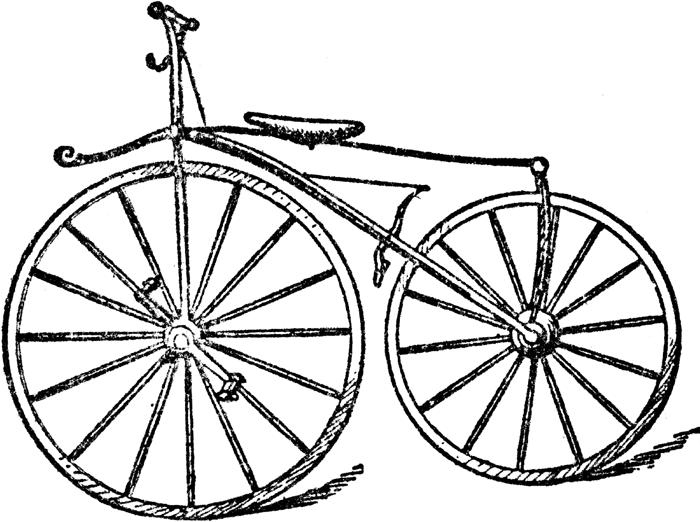
Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Vickie Ridgeway (618) 792-3881 Website: www.illinois-trekkers.org

E-Mail Contact: [ridgeway410@msn.com](mailto:ridgeway410@msn.com)



**BIKE** [](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCL2wydyOm8gCFYoUkgodE98LLw&url=http://bestclipartblog.com/20-bicycle-clip-art.html/bicycle-clip-art-3&psig=AFQjCNElvulMPz4kSA1lef9UrillPQ_zyg&ust=1443577029588039)

**EVENTS**

**Dates: 1/2/2019 - 12/31/2019**

**City / State: Belleville, IL**

**Event Name: YMCA - Bike**

**Event Type: Year Round Bike**

Event ID: 111750 2019/Y1517

Distance - Trail Ratings: 25km - 1A

Description: Center Hours: Mon-Thurs: 5 a.m.-10 p.m.; Fri: 5 a.m.-9 p.m. (3rd Friday of the month the center will host Parents Night Out); Sat: 6 a.m.-6 p.m.; Sun: 12noon-6 p.m. Closed on major holidays. Trail generally level, incorporating country roads, paved streets through neighborhoods, Southwestern Illinois College and the Richland Creek Greenway. Water and Restrooms are available at the start/finish and along the trail at the Belleville Metrolink station. Suggest you carry water. Check payment is preferred.

Amenities: Strollers: NO Wheelchairs: NO Pets: No Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times:

Location: YMCA - East Belleville

Start Point / Driving Directions: 618-236-9983. 2627 Carlyle Ave. From I-64 take exit 16 onto Greenmount Rd in the direction of Shiloh. Proceed South for approximately four miles. Turn left at the light onto Carlyle Ave. (IL-161). The YMCA will be on your left at the third light. Reception desk will have the Blue "Volksmarch Binder". The start is also accessible by Metrolink at College station.

Awards & Fees: IVV Credit Only

Comments:

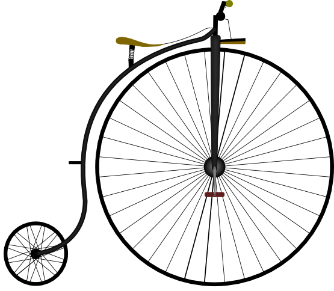
Host Club: Illinois Trekkers Volkssport Club

Contact: Charles/Susan Botula (618) 236-9521

Website: www.illinois-trekkers.org

E-Mail Contact: [packysuba@juno.com](mailto:packysuba@juno.com)

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**Dates: 1/2/2019 - 12/31/2019**

**City / State: Maryville, IL**

**Event Name: Bike**

Event Type: Year Round Bike

Event ID: 111748 2019/Y1898

Distance - Trail Ratings: 27, 36, 50, 58 or 70km - 1A

Description: Center Hours: Mon-Fri: 5 am-9 pm; Sat: 7 am-5 pm; Sun: 12 noon-5 pm; closed on major holidays. Suggest you carry water. Please pay by check only. Restrooms/water are available at the start/finish. 1 or 2 restrooms are available on the trail depending on the length of trail selected. All of the trails are entirely on the Madison County Transit (MCT) Bikeway trails. Madison County has some of the best bike trails you will find in the country with over 100 miles of bike trails. For more information on the bike trails please visit: www.mcttrails.org.

Amenities: Strollers: NO Wheelchairs: NO Pets: No Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: See Extended Description.

Location: Collinsville-Maryville-Troy (CMT) YMCA

Start Point / Driving Directions: 618-346-5600. 1 Town Center Dr. Maryville, IL 62062. From the intersection of I-55/70 and IL Route 159, go North on IL 159 and turn LEFT (West) onto Town Center Dr. Follow the road to YMCA parking lot. Ask for the dark blue 'Walk Binder' at the reception desk.

Awards & Fees: IVV Credit Only

Comments:

Host Club: Illinois Trekkers Volkssport Club

Contact: Vickie Ridgeway (618) 792-3881

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