

# ILLINOIS TREKKERS FOOTNOTES

NO. 2019-03

March 2019



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## A Message from our President



It seems like spring is finally here in the local area. Unfortunately, with spring comes showers, heavy rain, and thunderstorms. Please watch the forecast prior to walking any event or trail. Check the Illinois Trekkers website for updates to scheduled events. If the weather is inclement, the group usually tries to walk at the St. Clair Square Mall in Fairview Heights, IL. We meet at the same registration time at the Schnuck's Pharmacy near the Mall. We have some new members in the club. Please be sure to make them feel welcome if you see them at an event. Check the Illinois Trekkers Website [www.illinois-trekkers.org](http://www.illinois-trekkers.org) for information regarding sister club traditional events in the area. There are numerous walks scheduled from now through the fall. Have fun and be safe as you walk in different areas. Carpooling is always an option for walks out of the immediate local area. Contact Trudy Duffman, Diane Prost or Vickie Ridgeway if you would like a ride to an event.

*Submitted by Trudy Duffman  
President, Illinois Trekkers Volkssport Club*

## Next Traditional Event

### NASHVILLE IL

**Nashville IL traditional event is scheduled for Saturday, August 17. The start point will be Bonnie's Café, 824 N. Mill Street, Nashville, IL. Diane Prost is the POC and will be providing more information on the event in the future. Please volunteer to help with this walk if you are available.**

## Keep on Trekkin'

Check the Illinois Trekkers website for all the scheduled walking events—[www.illinois-trekkers.org](http://www.illinois-trekkers.org).

### 3-Mile Thursday Evening Walks

3-Mile Thursday Evening Walks will register at 5:45pm and the walk will start promptly at 6:00pm. Please be on time.

April 11	O'Fallon Parks YRE
April 18	Glen Carbon YRE Library
April 25	EB YMCA YRE (Carlyle Ave)



## Member Awards – TAW (March2019)

### Events

John Manfredi	50
Muriel Barber	500
Trudy Duffman	700
Trudy Duffman	750
Packy Botula	3200
Sue Botula	3200

### Distance

Tom Stucky	4000 KM
Cindy Stucky	6000 KM
Bonnie Carlson	6500 KM
Diane Prost	11000 KM

### *Thinking Of You*

Special thoughts and prayers are extended to Sue Bacon as she continues to recover from knee surgery. She is excited to get back on the trail.

## FOOTNOTES NEWSLETTER

The Footnotes newsletter will be published monthly. This is your newsletter so everyone is encouraged to write an article or two to share with fellow walkers. Articles can be about new walks, health and fitness, dog tales from the trail, or other ideas. Send the articles to Trudy Duffman, [trudyduffman@yahoo.com](mailto:trudyduffman@yahoo.com) or bring to the monthly meetings prior to the next issue. Thank you for your support of the Illinois Trekkers.

## WEBSITE

Please check our club website for times and places of Trekkin' Tuesdays, 3-Mile Thursdays, and Saturday group walks. The website is currently updated routinely by Diane Prost.

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## **COME WALK WITH US!**



*Walkers heading out on the Mardi Gras Madness traditional event in Belleville, IL on March 2, 2019.*

**Trekkers stopping to view the Veteran's Memorial in O'Fallon, IL while walking the O'Fallon Town YRE on March 16, 2019.**



**Tuesday Trekkers getting ready to walk the Maryville YRE on March 19, 2019. Welcome to the group Yvonne Hayes.**

**Walkers enjoying a beautiful day in Forest Park on Saturday, March 23, 2019.**



**2019 YREs**

**Belleville Downtown, Historic District & Richland Creek Greenway (Walk)**

Balance Coffee and Tea, 732 S. Illinois Street, Belleville, IL 62220

POC: Susan Hodgson, 618-416-5533

**East Belleville - YMCA (Walk/Bike)**

YMCA, 2627 Carlyle Ave., East Belleville, IL 62221

POC: "Packy"/Susan Botula, 618-236-9521

**Belleville - National Shrine of Our Lady of the Snows (Walk)**

Shrine Motel, 451 S. De Mazenod Drive, Belleville, IL 62223

POC: Jackie McKay, 618-616-1330

**Columbia – A Walk in Historic Columbia (Walk)**

Café on the Abbey, 340 S. Main Street, Columbia, IL 62236

POC: Jackie McKay, 618-616-1330

**Edwardsville – YMCA (Walk/Swim)**

**A Walk to Edwardsville Parks**

YMCA, 1200 Esic Drive, Edwardsville, IL 62025

POC: Vickie Ridgeway, 618-792-3881

**Fairview Heights – St. Clair Square Mall (Walk)**

Schnuck's, 625 Lincoln Highway, Fairview Heights IL 62208

POC: Trudy Duffman, 618-670-6920

**Glen Carbon – Old Town (Walk)**

Casey's General Store, 70 W. Main Street, Glen Carbon IL 62034

POC: Susan Hodgson, 618-416-5533

**Maryville - CMT YMCA (Walk/Bike)**

YMCA, 1 Town Center Drive, Maryville, IL 62062

POC: Vickie Ridgeway, 618-792-3881

**O'Fallon – Walk in the Parks (Walk)**

Schnuck's Market, 907 E. Hwy 50, O'Fallon, IL 62269

POC: Nikki Wilcoxon, 618-973-3825

**Seasonal Walk (04/01/2019-12/31/2019)**

**Mascoutah, IL**

St. Louis Coffee World Coffee Shop, 200 East Main Street, Suite 200, Mascoutah, IL 62258

POC: Susan Jones, 951-818-6662